

Relationships and Sex Education Policy



Lisburne's aim is to provide quality inclusive education for all pupils and access to the full range of National Curriculum subjects in a safe, caring environment where all achievements are valued and celebrated.

Lisburne School is committed to Safeguarding, promoting the welfare of all its pupils and to protecting them from the risks of harm. The Governors expect all staff, students and volunteers to share this commitment by demonstrating their understanding of how each individual adult working on behalf of the school has an active part to play in protecting children from harm and promoting their welfare.

As part of Lisburne's commitment to safeguarding and child protection we fully support the government's Prevent Strategy.

We aim to fulfill the Prevent Duty by protecting our pupils from harm and to ensure they are taught in a way that is consistent with the law and British Values. We aim to: raise awareness, enable learners to make a positive contribution and safeguard the wellbeing of our children.

Policy agreed by GB on	January 2019
Policy shared with staff on	January 2019
Reviewed	October 2022

Relationships and Sex Education (RSE) Policy - Lisburne School

Intent

Children have a statutory right to have access to RSE. Personal Care and Relationships Education at Lisburne aims to enhance independence for our children, empowering them to develop their life skills and safety. We aim to deliver a dynamic bespoke curriculum which is child led, challenging pupils to further their independence. This education aims to develop individual's voice and preferences, as well as supporting emotional and physical wellbeing.

Learning PSHE and citizenship helps the pupils to develop as individuals in a wide range of situations. Pupils learn to understand themselves physically, emotionally, socially and begin to understand their relationship with others and their role in society. Health education is a responsibility that our school shares with the child's home, local health services and the community. The subject is an integral part of the holistic approach to education we strive for at Lisburne School, where we aim to educate the "whole child". We aim to ensure our Lisburne make informed, responsible decisions about values, standards and exercising their own personal responsibilities.

Implementation

At Lisburne, all children have continual access to Personal Care and Relationships Education throughout each academic year. This curriculum is split into three areas: 'In the community,' 'Self help' and 'Social and interaction.' The whole school follows a multisensory approach to ensure the participation of all children.

Across school, each class follows the same focus for each half term:

- Autumn 1: Wellbeing (Self Help)
- Autumn 2: Keeping safe (In the Community)
- Spring 1: Respecting myself (Social and interaction)
- Spring 2: Friendships and families (Social and interaction)
- Summer 1: Personal care and Relationships- Health(Y4-6 Relationships and Sex Education) (Self-help)
- Summer 2: Personal Care and Relationships-Ourselves growing and changing (Y4-6 Relationships and Sex Education) (Self-help)

The curriculum is split into the sensory curriculum and the RSE primary curriculum. This is personalised to individuals within a class and develops with each child's level of understanding.

Sensory Curriculum

What is our sensory curriculum?

Our sensory curriculum is inspired by Flo Longhorns scheme of work. It follows the understanding that, '*Sometimes the **doing** component of a learning environment may be of **more importance** than the actual understanding.*'

This curriculum includes the development stages starting at 1:

1. Encounter
2. Engaging
3. Participating.

Each term, classes focus on a different focus:

Autumn - Social and Interaction

Spring - Self Help and Independence

Summer - In the Community

If completing all 3 stages, a child would be moved onto the RSE Primary Curriculum.

For year 4 to 6 learners, the Relationships and Sex Education follows the three subsequent areas:

- Personal identity. (The development of ones knowledge about themselves)
- Appropriate touch. (The developing an understanding of touch of themselves and others.)
- Personal care. (Tolerating and experiencing hygiene routines in preparation for puberty.)

RSE Primary Curriculum

What is our RSE primary curriculum?

Our RSE primary curriculum follows on from the sensory curriculum, aiming to develop children's knowledge and understanding of their previous experiences. The RSE Primary Curriculum begins at stage 4:

4. Foundation
5. Developing
6. Assured
7. Contextualised (for our year 4-6 learners.)

For year 4 to 6 learners, the Relationships and Sex Education Curriculum follows the three subsequent areas:

- Public and private (including places, actions and body parts.)
- Changes and puberty.
- Gender and identity.
- Life cycles & end of life.
- Consent (it is ok to say no).

- Relationships with others: Marriage and Civil partnership.
- Gender & Stereotypes.
- Reproduction.

Impact

Monitoring/ Assessment

Assessment will take place on three connected levels; short-term, medium-term and long-term. These assessments will be used to inform future teaching in a continuous cycle of planning, teaching and assessments. Short-term assessments will be an informed part of each lesson to check individual levels of understanding and give teachers the information that will help them adjust specific lesson plans. Medium-term assessments take place at the end of each topic or focus of study and will take the form of a "best fit" target level for each pupil. Long-term assessment will take place towards the end of the academic year when a record on the children's overall understanding, involvement & progress will be recorded individually. At Lisburne each child has a personalised PSHE learning journey online. We aim to get regular feedback from both parent and pupil voice, with the aim of a collaborative approach to target setting.

Roles and responsibilities

Head teachers

Lead, manage & monitor the delivery of Relationships and Sex Education, including monitoring teaching plans and the quality of teaching in the classroom. With the PSHE Governor, keep the Governing board informed of progress. Children at Lisburne have the legal right to RSE, it is the Head teachers and Governing Board's duty to ensure this is taking place.

PCRE curriculum lead and development group

Ensure a personalised approach is being used consistently throughout school to deliver the PCRE curriculum through planning, timetable and book audits. Ensure regular training and feedback is provided for all teachers to ensure personal development. All teachers to be given the opportunity to observe good practice. Yearly workshops linking to PCRE will support parents to understand the curriculum as well as gain support from relevant agencies. Through values assemblies, early stages of PCRE are taught. For example, identity.

Class teacher

All teachers are to plan a personalised curriculum for individuals within their class, following the guidelines provided by the PCRE curriculum lead. Learning will be tailored to the needs of each child, following a multisensory approach. This will be recorded through individualised learning journeys. Teachers will draw upon pupil voice and parent feedback when target setting and planning for next steps. Class teachers have the responsibility to teach the protected characteristics, as part of the equality act. Please see below how these are being taught within school.

Age	<ul style="list-style-type: none"> • PSHE curriculum yearly overview (Y4+)
Disability	<ul style="list-style-type: none"> • PSHE curriculum yearly overview (Y4+) • Values assemblies
Gender reassignment	<ul style="list-style-type: none"> • PSHE curriculum yearly overview (Y4+) • Challenging texts (KS2) e.g. Julian Is a mermaid.
Marriage and Civil partnership	<ul style="list-style-type: none"> • PSHE curriculum yearly overview (Y4+) • Values assemblies
Pregnancy and Maternity	<ul style="list-style-type: none"> • PSHE curriculum yearly overview (Y4+)
Race	<ul style="list-style-type: none"> • SMSC calendar • Creative weeks e.g. English • Challenging texts (KS2) e.g. 'Coming to England,' 'The proudest blue,' 'Thank you Omu.' • Values assemblies
Religion and Belief	<ul style="list-style-type: none"> • SMSC calendar • Values assemblies
Sex	<ul style="list-style-type: none"> • PSHE curriculum yearly overview (Y4+) • Values assemblies
Sexual orientation	<ul style="list-style-type: none"> • PSHE curriculum yearly overview (Y4+)

Parents

Each parent has the option to provide their child with the Relationships and Sex Education themselves, if they do not consent to school sharing this. At Lisburne we aim to support parents to understand the curriculum, whereby parents mirror the approaches used at school. Consistency is vital to develop our children's understanding and development. Parents will have regular target setting opportunities with leading professionals including teachers and OT's as well as outside agencies where appropriate.